

Delaware Quilts

Folk Art Hearts



You can make this as a wall hanging or lap quilt, both use the same directions, just different size squares.

You need two colors but they don't have to be red and white. If you were making a baby quilt you could use a baby print and another print that contrasts with it. What is important is that they contrast enough for the design to be seen easily. For the wall hanging (28 by 32 inches) you need about $\frac{3}{4}$ of a yard of each of the two colors. (If using scraps, make sure they total about $\frac{3}{4}$ a yard.) If you like your outer border and binding to be the same as a color you use in your wall hanging, you will need about $\frac{3}{4}$ of a yard extra.

For a lap or baby quilt (45 by 52 inches) you need about $1 \frac{1}{2}$ yards of each of the two colors or scraps that equal $1 \frac{1}{2}$ yards. If you like your outer border and binding to be the same as a color you use in your quilt, you will need about 1 yard extra.

Precutting:

If you are using the same fabric rather than scrappy be sure to cut your outer borders first, and set them aside. (You don't want to accidentally cut them up like I've done before, so put them in a baggie and mark that they are for borders and binding.)

For the wall hanging borders you will need four strips at least 32 inches long of how ever wide you want your borders to be, from 2 to 3 inches. And if you plan to bind your wall hanging with the same fabric, cut three $2 \frac{3}{4}$ inch (or what you use) strips of the same fabric and set those aside.

For the lap or baby quilt borders you will need six strips the width of the fabric by as wide you want your borders to be, from $2 \frac{1}{2}$ to 3 inches. And if you plan to bind your quilt with the same fabric, cut five $2 \frac{3}{4}$ inch (or what you use) strips of the same fabric and set those aside.

Now to all the squares you need to cut.....

Cut 36 squares from each of your two colors.
2 $\frac{3}{8}$ inch squares for the wall hanging
3 $\frac{3}{8}$ inch squares for the lap or baby quilt

something/₈

WAIT...*Let me ask you something before we go any further... are you one of those people who groans when you see something needs to be cut in 8ths?*

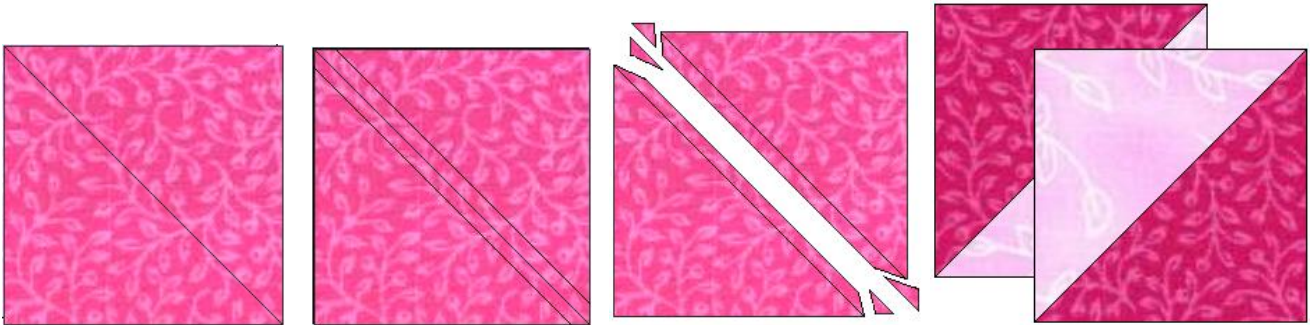
*If you would rather cut the squares larger, say $2 \frac{1}{2}$ or $3 \frac{1}{2}$ and then cut back every single one of them to the proper size (2 and 3 inches), you can go right ahead and do that. **OR** you can make those squares any size you want, and then when you are done making all 72 triangle squares, measure how big they are, and cut all of the bigger squares that size.*

Cut 98 squares from your light color
2 inch squares for the wall hanging
3 inch squares for the lap or baby quilt

Cut 54 squares from your dark color
2 inch squares for the wall hanging
3 inch squares for the lap or baby quilt

OR whatever size you decided based on what size your triangle squares are. But don't go overboard, if your squares are too big the hearts won't show up as nicely.

If you are going scrappy and using a lot of different squares you can make your triangle squares this way. For this part you use all of the squares that are something and 3/8s.



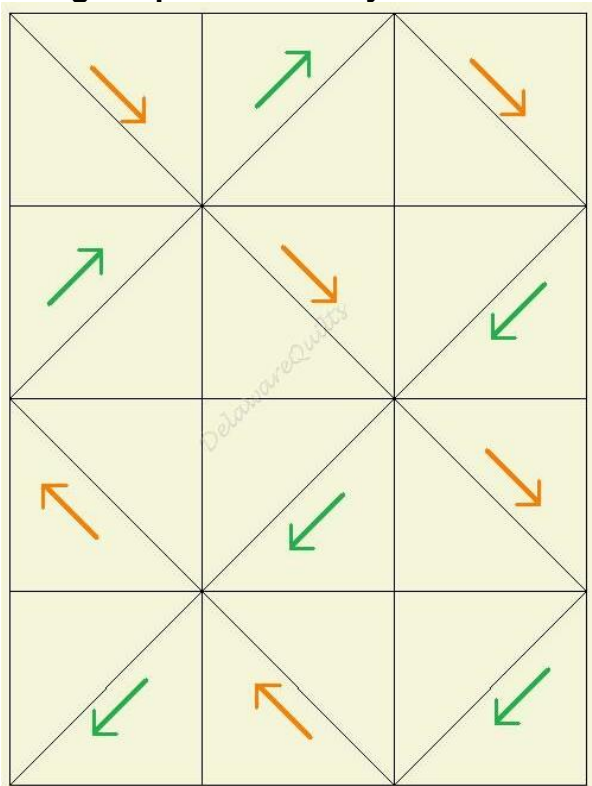
Place one of each your something and 3/8 contrasting squares right sides together. Carefully draw a line down the center, corner to corner, diagonally across one of the squares. (This will be a cutting line when you are finished.)

If you have a true 1/4 inch foot on your machine, you can sew on either side of this drawn line. If not, you will have to draw a second line on either side, exactly 1/4 inch from the first line. This will be your sewing line.

After you have sewn on your sewing line, 1/4 inch on either side of your corner to corner to line, you will cut this square in half on your cutting line. Be sure to trim your corners. Press to the darker fabric.

You will now have two diagonal half-squares, which should measure two inches for the wall hanging and three inches for the quilt.

OR, if you are using all the same fabrics for your two colors, you can make your triangle squares this way.



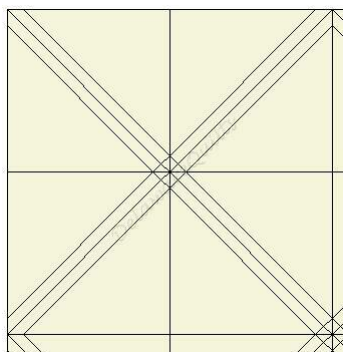
Draw a grid of squares on your fabric. Use 5 inch squares which are easier to mark. Then draw a line diagonally through the center of the squares as show here. These will be your cutting lines so you may use a pencil to mark them if you wish.

You will be sewing two pieces of fabric together, but you only need to mark one. After one is marked place the two fabrics right sides together, and press.

Next step is to sew, using a 1/4 inch seam allowance on all sides of the diagonal lines.

On this diagram the orange and green lines show you that you can sew this in one continuous line.

Start on a corner and sew to the outside of the grid on the next corner, put the needle down, and pivot, then continue sewing. If you follow the directions of the orange and green arrows, it can be done in one continuous line of sewing.



If you do not have a true 1/4 inch foot, you can mark the 1/4 inch lines. Mark 1/4 inch on both sides of the diagonal lines. These lines will be your sewing lines.

When they are all sewn, cut them up into squares on the first grid lines you drew. Finish by cutting down the middle of the square on the diagonal lines you drew, and press.

Now let's put this all together.

Sew together 14 of your light squares. Press all in the same direction.



Repeat, repeat and repeat, making a total of four strips like this. Label these strips #2 and set them aside.

Make three strips like this



Label these strips #3 and set them aside.

Make two strips like this



Label these strips #4 and set them aside.

Make two strips like this



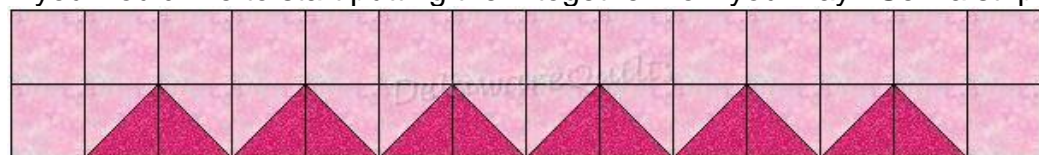
Label these strips #5 and set them aside.

Make two strips like this



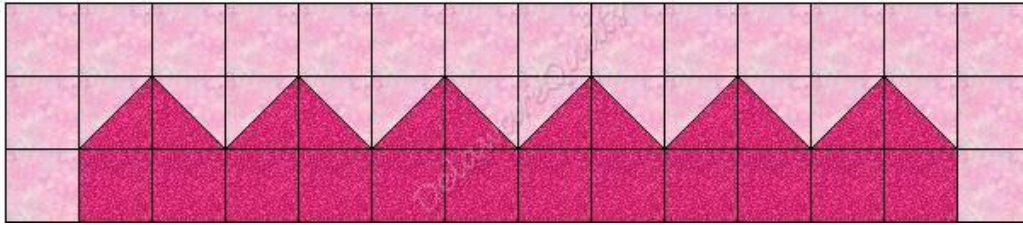
Label these strips #6 and set them aside.

If you would like to start putting them together now you may. Sew a strip two to a strip four

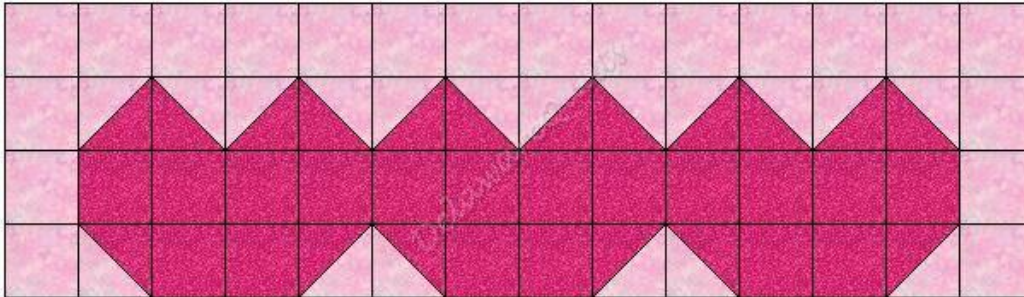


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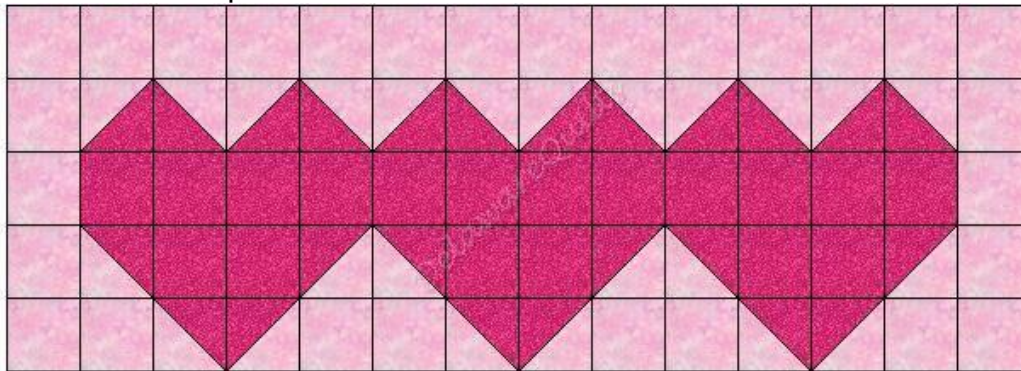
Add a strip three



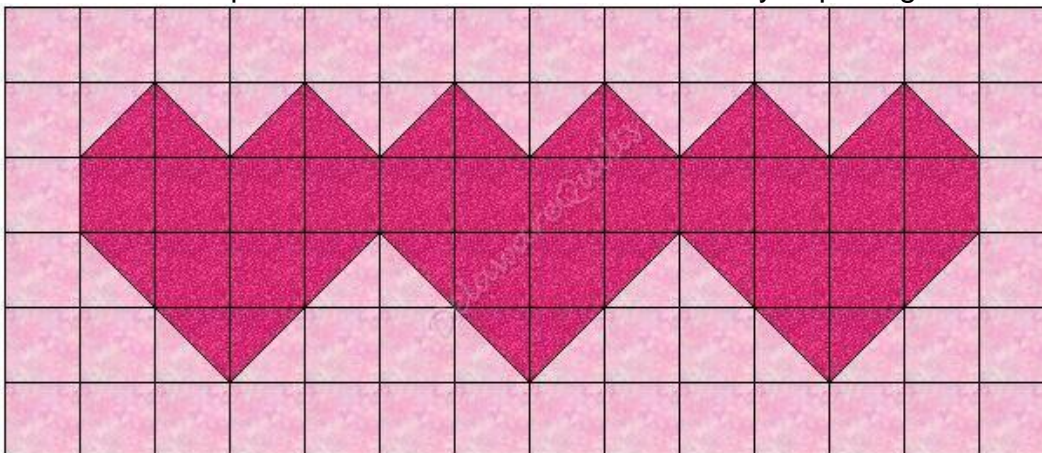
Add a strip five



Add a strip six



Add a strip two to the bottom of the first hearts you put together.



You can make two sets like this, you will need them both.

Now let's make some more strips.

Make one strip like this



Label these strips #7

Make one strip like this



Label these strips #8

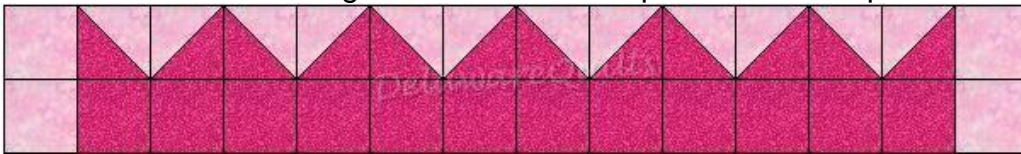
Make one strip like this



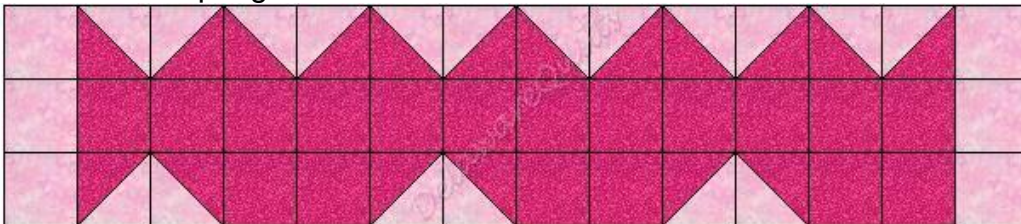
Label these strips #9

I think you probably can tell that we're done sewing strips, because you probably ran out of little squares. So now we sew them all together.

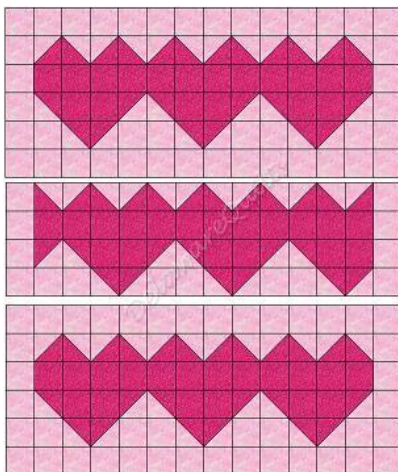
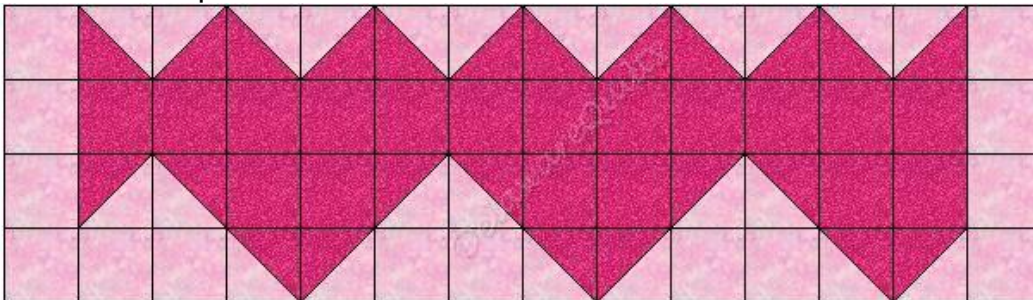
Let's sew those together next. Sew strip seven to a strip three.



Sew strip eight to the bottom



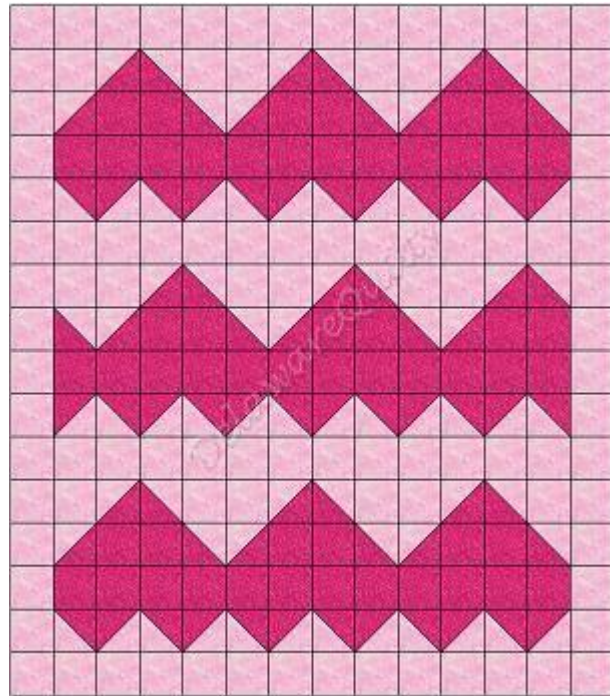
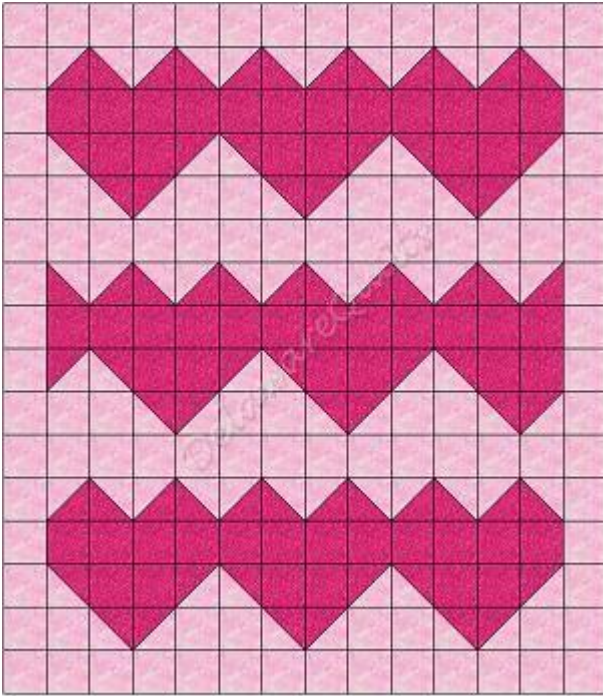
Sew strip nine to the bottom of that unit



This set will go between the first two you made.

But wait you are saying, there is something wrong with that middle set.. Well not really... see next step

No, I didn't make a mistake ... this is the way it is supposed to look.



Because when you turn it around, you will have hearts in both directions! This is what makes this “Folk Art”. Not traditional and just a little bit artsy.

Now add your outer border... you sewed your inner border already.
Then quilt and bind, and your Folk Art Hearts are finished!

Here are three Folk Art Hearts made using this pattern

